Creation the meaning of life from the perspective of students
"The lived experience of students in Sari"

Reza Esmaili¹, Narges Sadeghi², Mahbobeh Askari³

¹Department of Sociology, Khorasgan branch, Islamic Azad University, Isfahan, Iran
²PhD candidate of Social issues sociology, Dehaghan branch, Islamic Azad University, Isfahan, Iran
³PhD candidate of Social issues sociology, Dehaghan branch, Islamic Azad University, Isfahan, Iran

Abstract

One of the signs of mental and social health in any society is the perspectives of young people looking at the future and the future-oriented position and their hopes. In this study, high school male students in Sari were selected based on the objective, among whom 15 people were selected for in-depth interview. The qualitative research method is based on the phenomenological method. The initial results of code analysis included Code 53, which was the result of implementing these codes and thorough review of the statements of the participants to achieve a deep understanding of their experiences and the important statement about the phenomenon of the study. Finally, the classified codes were three main concepts including the concepts the students need for basic categories of meaning of life. The results show that students’ lack of adequate training skills in the role of religion, family and school life including meaning in life, purpose in life, the pattern of life was significant.

Keywords: Phenomenology, pattern, purpose, meaning of life

Introduction

The meaning of life is constantly changing during human growth. This change is the result of human interaction with others and the environment in which they live. Based on the same purpose, he is impressed by the meaning of the subject. In this respect, many things, regardless of being correct or incorrect seem important in the life of subjective meanings.

Means can never be considered a single of his text. Each of these texts is a system of reference, of signifiers that function refers to the reality beyond. (Rashidian, 2003: 77) In other words, out of mind means there must be compensation. The words are only symbols for events that are embedded in our mental universe. These words are not sanctified, but facts are sacred substantive difference yet, and words have meanings carriers (Charati, 2011: 12).

The practical result is not supposed to be meaningless to suggest that a person's mind. Thus, an action repeated continuously while the result is not a sign of a life without meaning can be. Meaningful life can be studied from two points of view are:

1. Theories revolve around the concept of "religion - God" are, including in relation to the meaning of life theorists William Crig believes that life is meaningless without religion (Crig, 2000: 42-48). Crig meaningful life of the concept of "immortality and God" and says that without this meaningless life and the fundamental essence of the religious theory about the meaning of human life, He said the significance of the comply of the great plan.

2. Secular theory that regardless of the concept of God trying to express a measure of the significance of life. In secular goals such as service to mankind, love and other such matters as the purpose of life (Rusell, 1957: 107). Rusell in his atheistic philosophy, love, wisdom, compassion and of giving meaning to human life would count.

The most common theories about the good and bad actions based on the existence of God. On the other hand carefully in the teachings of religion becomes clear that the only thing that can
reduce anxiety and stress and anxiety in our lives to comfort him turn to religion and religious teachings.

On the other hand, a teenager as a child on family life and a deep bond with peers through school as a student. Two institutions which are responsible for adolescent socialization and creation of meaning and the scope of religious teachings in our country, certainly this occurs. The triangle that surrounds the lives of teenage students and their continuous production and reproduction.

To better understand these interactions, the researchers went on to view the teenagers using a qualitative approach, by understanding and interpretation of their experiences, identify. Qualitative approach in comparison with quantitative methods, more time to understand the perspectives of the participants provides. (Burns & Grove, 2002: 32, Stanhope & Lancaster, 2002: 154) qualitative studies based on the assumption that knowledge about man without experience of life as experienced, is impossible. (Streubert & Carpenter, 2003: 8) Thus, since the aim of this study was to describe the lived experiences of high school students, a qualitative approach was the most appropriate method for this study. In addition, researchers focused on adolescents emphasized the need for qualitative research. (Spear & Kulbok: 2001: 89)

Methodology

This study is a qualitative study in which the phenomenological method is used. Phenomenology, or the essence of life is lived experience.

From the perspective of philosophy of phenomenology, a full description of the experience, the necessary structures, variables, perceptions, thoughts, feelings, sounds, colors and shapes are available to us. We are in the process of a phenomenological reduction, we will be able to describe the structure of meanings and essences that a phenomenon, we obtain (Malayeri, 2010: 61) Phenomenology wants meanings as it is lived in everyday life reveal that it is also called, lived experience.

In this study, secondary school students studying in the areas of school education in the city of Sari were studied. the acceptance criteria of interest to participate in the study, studying in high school and has the ability to transmit information. Purposive sampling started until data saturation (non-receipt of new information) continued. (Gheybizadeh, Salehi, Tavakkol and Nekooei, 2010). Finally, the number of participants to 15 people.

The researchers then introduced himself and stated aim of this plan and to build confidence and trust in the confidentiality of the interview participants, began a dialogue with the participants. And with regard to freedom to withdraw from the study at any time and adhere to ethical issues, with participants in the period between 25 to 40 minutes depending on the interviewee's willingness to continue the dialogue, interviewed. This type of flexibility and in-depth interviews of appropriate qualitative research (ibid., 16). The general question is "What is your life of meaning?" Was raised.

Phenomenological approach to data analysis stage colaizzi 7 was used:

1. All descriptions provided by the participants (protocol) to read and research to find sufficient proficiency in understanding the whole interview.

2. Then the researcher to visit each protocol and sentences and phrases that relate directly to extract the phenomenon studied, this stage "to extract important sentences" known.

3. Researchers trying to attempt to discern the meaning of important terms as "formulating the meaning of" is known. The extraction means any important notes in the margin was interviewed (Code).

4. Repeat the above steps for each protocol and related meanings and formulated in clusters of themes (main theme) put the category code that by referring to the original protocol, the cluster's reputation review and the initial cluster protocols referred to their validity examined and approved.
5. At this stage the researchers combined the results in a comprehensive description of the subject of this research is that at this stage a comprehensive description of the results and the clusters were prepared.

6. Then to formulate detailed descriptions of the phenomenon under study as an explicit statement of basic structure was studied phenomenon.

7. Through repeated visits to each of the participants asked the participants about the results and findings of the final validation is necessary, of course colaizzi researcher believes that this process needs to be flexible.

Findings of the study

The 15 participants in this study, 7 out of region 1 and 8 of the Area 2 City of Sari and has a total of 3 people in the first base, 5 patients on second base, 3 on third base and 4 in the fourth base the second period attended high school. As well as a total of 2 people in the family of 3 people, 9 persons in the family of 4 persons and 4 persons in a family of 5 lived.

The experiences of the participants, the 53 code and 3 main concept of religion, family and school were categorized:

Religion: As a faith-based religion and holy spiritual aspects in terms of participants, strongly influenced by the ideas of their thought. However, they come to understand the content of religion generally in the case of which can be affected by age and relatively low knowledge they arise.

Meaning in life: Although religion for believers, is considered to be creating means but should be borne in mind that many believers thought things could be constructed as part of the religious interpretations and readings.

Participant No. 3 says: "When you have no money how are you going to serve other people, money is principle. Only with prayer life is that?"

Purpose in life: The aim is ideal for the individual. Usually each individual action can be predicted by knowing the goals that can be life without meaning and purpose of repetition may be the result of the interpretation and understanding of religious texts.

Participant No. 7 says, "really this ceremony we all become what? Every year we're doing. More like a show. It does not believe nobody else in life was to act."

Pattern in life: Human patterns may be considered the ideal type of Max Weber. In religion, these patterns will be prophets and imams and saints.

Participant No. 1 says: "Do not infallible Imams? Well, then they were away from any mistakes and sins, how I am innocent I should follow? God created them so that they do not sin."

Participant No. 14, "The period of the prophets that were mobile and satellite. Their new living environment was different with us. For example, at the time they were married until the age of majority. Half keep their religion, but we did not master and a soldier, that can not get married Prom. How should they desire to learn patience? Do not wait until they have they done? Each time that some women had."

Family: Family and social institution that is the most important element of a community is all owe their survival. According to Plato, as long as we have good families, we hope we will have good republics.

But the difference between parents and children has been an almost constant throughout the history of this natural, though some know but are afraid of the gap between generations.
Meaning in life: And meanings of concepts of family usually transmitted to children. Many findings indicate that there is a positive correlation between parents and children thinking. So many things wrong sometimes believe parents will transfer unwanted children.

Participant No. 12 says: "Dad says life is absurd, must like dogs do, and last June a mouthful of bread to bring to the table."

Participant No. 9, whose parents are differences, says, "Mom says marriage is nonsense, if I had another chance I was not married. for you and your sister that I would handle this hell."

Purpose in life: Parents in their goals, usually in their children. The kind of parents believe that for the children live.

Participant No. 2 says: "My father says to you that I and your mother, so I try. What amount of money do we need?"

An interpretation of sacrifice for the other, with distress and inconvenience that it is not acceptable, the goal does not seem so valuable to the idea of a human hopes and the ideals away.

Participant number 5 says: "I do not understand all the lessons for what we read? For example, to go to university, then what? In this country that I can not find my favorite job."

Pattern in life: Parents are their children's role model. But with the arrival of children to school and the larger social communication patterns are serious corrected or changed.

Participant No. 10 says: "My father is not known what he says? I just see it at dinner. Just say hi to him. I did not realize that I grew up. Although a good mother. He did not understand me but I'm sure many. I do not pretend to be sad says; yeah yeah"

School: The modern world, for many years a large part of the socialization of the children entrusted to school. Or with an ideological perspective, the school ensures continuity and survival the existence government to know or to influence the affairs of a community school functionally assume, The school is one of the most influential institutions in shaping ideas and orientations, especially in adolescence is, whether to educate their peers because of his or families and some different thoughts.

Meaning in life: Participant No. 15 says: "What's all this education? That's why we read Arabic lessons? I want to become an electrical engineer, where a scientist in the field of electricity, the Arab?"

Participant No. 8 says, "What's all the same Arabic? Mathematics and physics were my field. Some say Qranh language. Well now you if you do not master Arabic, with some Arabic books high school, can understand the meaning of the Quran without translation? It is really absurd that so much time was spent for these lessons and results are not."

Purpose in life: The school seeks to train people to be productive in the future, but sometimes the means itself with the goals have changed. So a good score for schools is important that other aspects of the students will be ignored.

Participant Number 4 says: "I want to become an electrical engineer, I exercise and training, and of lessons it does not matter."

Participant No. 11 says: "If you have a good job, you have everything. Now look at our math teacher Peugeot cars but the motorcycle was our religious teacher in school."

Participant No. 6, says: "I do not think about the purpose of my life. Except our life. Our teacher said a wrong code in the form of entrance into the field, rather than medical, chemistry teacher was accepted by mistake. I think if the doctor how much her life would be different now."

Pattern in life: Usually children go to school with one of the most important changes in attitude and a change in the pattern occurs, the effect on the type of talk and dress and behavior show a total of. For the past generation, the teachers, they were the most important patterns.
Participant No. 15 says: "Dad told me when I was a student, her hair like the hair of his teacher, he was shaving. I think that when teachers are more focused on their appearance."

Participant No. 13 says, "when we were in middle school, my classmates was the son of a teacher, imitating off his father into recess. Then the teacher what is interesting for me?"

Participant No. 15 says: "Sir, our teacher in the classroom phone rang, picked up the phone and answered. Said the gentleman I am traveling. Every time I come, I come before you. Now, his name is not lying? "

Participant No. 4, "The teacher came to our classroom. He says all you're waiting. Do you think we are waiting for you to take it out of Harvard University and Sharif? I learned that 20-year-old bachelor, three other non-teaching job and I'll try whatever it is useless."

**Conclusion**

The normal process of development and changes in adolescence, special attention to the needs and demands and be sure that the family was familiar with the changes and needs to be appropriate. Lack of understanding of the needs of adolescence leads to conflict and disruption bridge between parents and adolescents in throughput. Effective communication and conflict arose, leading to a lack of emotional support necessary to deal with the pressures and stresses of adolescence, and adolescent health is threatened. While having good communication and emotional support for parents, adolescent health, particularly mental health he has. (GheybiZadeh et al., 2007: 21) On the other hand, the school as a social institution to complement its primary goal of parenting is probably better to have a more healthy society and educational purposes only unaware of the children taken Assessment of. An almost pathological conditions of the economy have a university degree is incompatible with rising unemployment.

For the more responsible society and religious stereotypes or their behavior correct or incorrect interpretation of the religious content of their legitimate, Religious institutions the spiritual power of thoughts and ideas and manifested in behavior, has been disputed by teenagers.

The findings suggest that the authorities in the design of textbooks more attention and practical aspects of curriculum planning authorities on the type and arrangement of school lessons according to the disciplines and tendency of the students appealed to take action. Also, families using the recommendations of the consultants, be careful of their words and deeds. Radio and television organizations could have a significant role in the culture and in the hope, modeling and targeting of life, provide youth programs at the level of understanding. Teachers must place their perimeter separating your personal life and your moral duty not assess the scale of material values and at least do not hesitate students. Clergymen should also provide effective patterns and redefine work and interpretation of religious patterns and religious awareness in time language to express the times.

**References**


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